

# Mera Peak climbing

URL: <https://himalayatrip.com/mera-peak-climbing/>

## Destination

Nepal

## Activity

Adventure Treks

## Start / End Point

Kathmandu

## Duration

15

## Per Person From

USD 1,965

## Accommodation

custom-content

## Region

Everest Region Treks

## Max. Altitude

6476 m, Mera Peak

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## Nature Of Trek

Lodges to Tent Camp

## Best Season

March - May and September - November

## Activity Per Day

4-12 hours

## Transportation

Flight/Car/Jeep/Bus

**2 Nights at Hotel 1 Night at Tent 14 Breakfast 12 Lunch 12 Dinner  
11 Nights at Lodge**

2 Nights Hotel in Kathmandu, 11 Nights at  
Lodges, 1 Night at Tent Camp

## Highest Trekking Peak in Nepal

## Trip Highlights

- Highest Trekking Peak in Nepal
- Beautiful view of Mt. Everest, Lhotse, Makalu and other Himalayas view from the summit.
- Flora and Fauna of Makalu Baruntse National Park.
- Experience Lukla flight.
- Beautiful places Lukla, Chhutanga, Zatravala 4610m pass, Chhetrabu, Kothe, Tagna, Khare etc.
- Enjoy the tent camp at High camp.

# Overview

**Mera Peak** 6476m is a mountain in the Mahalangur section, Barun sub-section of the Himalaya and administratively in Nepal's Sagarmatha Zone, Solukhumbu District and claimed to be the highest trekking peak in Nepal. From the summit, five 8,000m peaks are visible: Mount Everest, Lhotse, Cho Oyu, Makalu, and Kangchenjunga, as well as many other Himalayan peaks.

## Mera Peak climbing Details

**Mera Peak Climbing** is acclaimed as a favored climbing adventure of Everest region in Solukhumbu district. In the Everest region of Nepal, there are more than 300 mountains out of a total of 600, creating a majestic and towering landscape. This region has been a paradise for mountaineers for over 70 years. It boasts four of the world's highest peaks, each exceeding 8000 meters in elevation: Mt. Everest (8849m), Mt. Cho Oyu (8201m), Mt. Makalu (8481m) and Mt. Lhotse (8516m). In addition to these colossal giants, there are also smaller peaks that surround charming Sherpa villages.

One such peak is Mera Peak, standing at an impressive 6476 meters in the vicinity of Everest. **Climbing Mera Peak** has become a highly sought-after adventure in Nepal. It is classified as the one highest trekking peak amongst 27 trekking peaks by the Nepal Mountaineering Association, making it accessible to beginner climbers. This peak has been beloved by mountaineers for many decades, with the first successful ascent achieved by a French expedition led by Jean Franco on May 20, 1953. Since then, it has remained a renowned destination for climbers.

**Mera Peak Climbing in Nepal** is considered a moderately challenging climb. Its slopes feature manageable trails, and the overall route is mostly non-technical, with a few sections requiring fixed ropes. The final stretch just before the summit involves a steep ascent across a snow dome, where you'll need an ascender or jumars on a fixed rope. However, the majority of the climbing sections are of moderate difficulty. Like other peak climbs in the Everest region, ascending Mera Peak rewards you with breathtaking panoramic views of the Everest landscape. The view from the summit is truly awe-inspiring.

## Mera Peak Climbing price in Spring and Autumn season:

The Mera Peak permit Spring US\$350 per person and Autumn Season US\$175 per person. This will make overall price US\$175 per person different in spring and autumn season.

### The price of Mera Peak in Spring season:

The price of Mera Peak Permit is US\$350 per person in Spring Season (March, April, May), it will increase the overall price of this package. The Mera Peak Climbing price in Spring Season will be US\$1999 to US\$2199 per person depending on the group size.

### The price of Mera Peak in Autumn season:

The price of permit is US\$175 per person in Autumn (September, October, November) which is less than Spring Season. The overall price of the package remains less. The Mera Peak Climbing price in spring season is US\$1900 to US\$2025 per person depending on the group size.

## Climbing Route of Mera Peak

**Mera Peak Climbing Route** begins with a classic flight from Kathmandu to Lukla and involves several days of trekking through high mountain passes before reaching the high camp. The actual climb to Mera Peak starts from the High Camp and culminates at the summit. Unlike the [Everest Base Camp Trek](#), the journey to the Mera Peak base camp involves a relatively rapid ascent. Along the way, you'll pass through small hamlets scattered along the trail.

The **Mera Peak Trekking** starts southeast from Lukla, gradually ascending to Chutang, situated at an elevation of 3020 meters. From Chutang, you'll continue through dense alpine forests and take a sharp turn southward. After this, the trail leads to Zartwa La Pass at 4610 meters, marking the border of Makalu Barun National Park. Descending steeply from the pass for about two hours, you'll reach Thuli Kharka, a small shepherd's settlement with only a few houses.

The stretch from Thuli Kharka follows rocky terrain as you ascend toward Tashing Dingma at 4010 meters, which is enclosed by rocks. The trail then meets the Inkhu River at Tashing Ognma, with the Inkhu River originating from Mera Peak and later merging with the Dudh Koshi River. Continuing on, you'll make your way to Mosom Kharka, Gondhishung, and eventually reach Kothe at an elevation of 4182 meters. Along this traverse, you'll occasionally catch glimpses of Mera Peak. The journey to Mera Peak continues along this river, passing through villages such as Tagna, Dig Kharka, Khare Camp, and Mera La before commencing the actual climb to the summit.

## Mera Peak Climbing Duration

The roundtrip **distance of Mera Peak Climbing** is about 75 kilometers which starts and ends at Lukla. Aside from this, the aerial distance from Kathmandu to Lukla is about 135 kilometers. You will take a flight to get to Lukla and back to Kathmandu. The flight duration is 35 minutes one way. The standard **Mera Peak Climbing itinerary** is 15 days.

Within this timeframe, you will walk for an average distance of about 7-8 kilometers each day. Also, you will climb for 2 days from Khare to High Camp and High Camp to [Mera Summit](#). The duration of trekking each day will differ based on prior experience, elevation gain and the terrain of the area. Below provided table provides deep insight into time and distance of Mera Peak Climb.

Day	Source/ Destination	Distance	Duration
1	Lukla to Chutanga	4.3 kilometers	4 Hrs.
2	Chutanga to Chhutrabu	4.5 kilometers	7 Hrs
3	Chhetrabu to Kothe	6.5 kilometers	5-6 Hrs
4	Kothe to Tagna	9 kilometers	4-5 Hrs
5	Tagna to Khare	5 kilometers	4-5 Hrs
6	Khare rest Day	-	-
7	Khare to High Camp	4.5 kilometers	6-7 Hrs
8	High Camp to Summit to Khare	9 kilometers	10-12 Hrs
9	Khare to Kothe	14 kilometers	5-6 Hrs
10	Kothe to Chhutrabu	6.5 kilometers	5-6 Hrs

11	Chhutrabu to Lukla	8.8 kilometers	7-8 Hrs
11	Fly back to Kathmandu	135 kilometers	30 min

**Important Note:** The altitude level of Zartwa La Pass makes it prone to heavy snowfall in the winter (Nov-March). If the trek is inaccessible via this route, we shall take another route to Mera Peak base camp from Paiya and Panggom village. Taking the route via these villages will lengthen the trekking duration by a few more days.

## Equipments for Mera Peak Climb

Himalaya Trip will supply all the necessary technical **equipment for Mera Peak Climbing**. Our guides will provide you with essential instructions on how to use this equipment before your climbing expedition commences. In terms of personal gear, you will need to bring basic clothing items such as jackets, caps, waterproof footwear, gloves, sunglasses sleeping bag, backpack, flashlight, warm hat, warm socks, wind prove Gore-tex jacket and Touser and other personal **climbing gears** (Ice axe, Harness, Helmet, Climbing or Plastic Boots, Wind prove gloves, Jumar, flashlight, Carabiner, Snow glass, Safety ropes etc from Khare ) to summit this peak. We will provide fixed rope, main ropes, tents, mats and all the kitchen gears. If you have, you can bring your own gears. If you do not have, you can rent in Kathmandu or Khare.

**Note:** 1 or 2 additional day is recommended in case of flight cancellation and bad weather in Mera Peak Summit day.

## Mera Peak Info

### Training for Mera Peak Climbing

Unlike a trekking adventure, peak climbing demands for adequate physical and mental strength for successful ascent and descent. There are multiple technicalities to climbing any Himalayan peaks and you must consider the scientific ways to carry out your climbing program. Even if you have properly toned physical conditions and are adequately fit, you must have detailed information about what to expect and how to make the traverse. Since Mera Peak altitude scales beyond 6000 meters, it is paramount that you have knowledge about proper climbing know-how and Acute Mountain sickness. We suggest the following activities be embedded into your fitness regimen so as to comfortably complete the climbing.

Climbing Trainings: Stair Climbing, Altitude Gain with packed backpack

Strength training: Weight Lifting

Cardiovascular Training: Cycling, Jogging, Hiking

Flexibility Training: Stretching and others.

Our experts recommend that you begin your fitness training at least 3-4 months before the climbing period. This time frame provides much needed endurance and flexibility for climbers during their ascent. Also, cardiovascular health must be closely observed and trained upon before your climb commences.

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## Mera Peak with Himalaya Trip

Himalaya trip takes pride in its team of exceptionally experienced mountain guides and staff. With over two decades of experience in organizing climbing trips in the Himalayas, we have established a vast and reliable network of professional experts that sets us apart from other companies. Above all, Himalaya trip places the utmost importance on client safety, a value that is reflected in our meticulous itinerary planning and execution.

Our on-the-ground staff members are well-prepared with medical supplies and are proficiently trained in first aid. Additionally, we have a dependable helicopter rescue operation in place, crucial for evacuations and emergencies.

Himalaya Trip is your on stop **Mera Peak Climbing Company**. We focus on organizing small group climbs to avoid congestion on the peak. Our groups consist of a maximum of 15 climbers, ensuring an efficient guide-to-client ratio and individualized attention for everyone involved. We are dedicated to the principles of responsible tourism, and our guides actively practice Leave No Trace principles in the mountains while also contributing to the local economy wherever possible.

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## Mera Peak Climbing Guide and Ground Crew

Himalaya Trip has been organizing all inclusive Mera Peak climbing trips in Nepal since a long period of time. **Mera Peak Climbing Package** as offered by our company provides all the assistance that is required during the climbing expeditions. Our ground staff and mountain guides are professionally trained for high altitude traverse. Our all inclusive package includes your accommodation, meals, equipment for climbing, airfare, ground transportation, guides and permits.

Upon your arrival in Kathmandu, you will meet with your **guide for Mera Peak Climbing** who will lead your trip. You will be accommodated and guided throughout the trip by our licensed guide. Our company believes in sustainable practices and we hire local mountain guides who are native to the region. They have thorough knowledge of the area and can provide vital assistance in every step of your journey. Do inquire with us for detailed information on our guides and ground crew for Mera Peak climbing. Also, you will be led in this journey till Khare (Day 7 & 8) by our experienced trekking guide. From thereafter, we will rent climbing equipment and a mountain guide will lead the next leg of your climbing journey.

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## Cost of Mera Peak Climbing

The **cost of Mera peak climbing** can vary based on several factors, including differences in rates offered by various trekking agencies. This variability is especially noticeable when it comes to the **Price of Mera Peak Climb**. Numerous factors contribute to the overall cost of the Mera Peak Climbing. Well-established companies with a lengthy history in the industry may charge higher prices in comparison to newer companies. The cost of a climbing package is also influenced by the duration of the itinerary and the inclusions provided within the package.

Himalaya Trip provides a comprehensive Mera Peak Climbing Package at competitive rates. The total cost is contingent on factors such as the group size, the time of the year, and the type of accommodation selected in Kathmandu. Generally, larger groups tend to benefit from lower costs per person. Furthermore, choosing a higher-end hotel in Kathmandu may result in an increased overall trek price. It's important to note that the cost is relative and can be better understood by reaching out to us for more detailed information regarding the **Mera Peak Climbing Cost**.

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## Mera Peak Climbing Permit

**Permits for Mera Peak** are all inclusive in the **15 Days Mera Peak Climbing package** offered by Himalaya Trip. You will require several permits for Mera Peak. Below given are the mandatory permits for your climbing:

### 1) Makalu Barun National Park Permit

Another essential permit for Mera Peak climbing is the Makalu Barun National Park Entry Permit. This permit is required as you enter the Makalu Barun National Park, which is home to a diverse range of exotic wildlife and biodiversity, all of which are protected under this national park. Entrance without this permit is not allowed. The permit is free for locals, but the cost varies for foreigners. The cost breakdown is as follows:

**For SAARC nationals:** Approximately USD 15, which includes Nrs. 1500 along with a Nrs. 165 vat charge.

**For other nationals:** Approximately USD 30, which includes Nrs. 3000 along with a Nrs. 390 vat charge.

### 2) NMA Mera Peak Climbing Permit

According to the Nepal Mountaineering Association, the cost of the NMA Mera Peak Climbing Permit varies depending on the season and the trek's popularity. During the spring season, characterized by clear skies and favorable temperatures for climbing, the Mera Peak Climbing Permit costs US\$ 350. In autumn, which is another peak season for Mera Peak Climbing, the permit cost is US\$ 175. The winter and summer seasons are considered off-seasons, and during these times, the cost of the Mera Peak Climbing Permit is more affordable at just USD 175.

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## Difficulty of Mera Peak/ How Difficult is Mera Peak Climbing?

Amongst the various **peak climbing in Nepal**, Mera Peak stands as the highest climbing peak at an altitude of 6476 meters. Among others, this peak is moderately difficult to climb and is one of the beginner peaks that you can climb. While it all depends upon your experience, adaptability to harsh environments and altitude, Mera peak is for the most part non-technical.

The climb to Mera Peak requires fixed rope in a few stretches of the climb and is mostly crawling through a snow dome. The **duration of climbing Mera Peak** is about 10-12 hours for a round journey. This duration is for the climb from the High Camp to the summit of the peak. This part of the journey on Day 10 is the most treacherous one with technical traverse.

The total **duration of Mera Peak Climbing** from start to finish is 15 days. **Mera Peak Climbing Itinerary** can be modified based on your preference and we can custom make your itinerary that best suits your need. **Difficulty level of Mera Peak** is not an issue if you are in optimum fitness.

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## Mera Peak Climbing Season

Nepal boasts 4 distinct seasonal patterns in a year, namely: Autumn, Spring, Winter and Summer. The location of Nepal geographically makes it suitable for climbing and other adventure related activities. For any type of climbing including climbing **Mera Peak best time** Autumn and Spring months are regarded as the best ones. Owing to stable weather conditions and feasible climbing window, these months are the **best time for Mera Peak Climbing**.

The Nepalese Himalayan mountains are most suitable for climbing during the spring, early summer, and autumn months. These nine months offer a favorable weather window for climbing in Nepal. In contrast to trekking, climbing necessitates that the mountain ice becomes solid and firm. Soft ice can create slippery surfaces and make climbing more challenging. The spring season, from March to the end of July, is particularly popular among climbers due to its clear weather and ideal conditions. Another **excellent time for Mera Peak Climbing** is during the autumn season, which runs from late September to early December.

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## Mera Peak Outline Itinerary

**Day 01** Arriving in Kathmandu (1340m).

**Day 02** Fly to Tenzing Hillary Airport , Lukla (2840m , 30 minutes by flight ).

**Day 03** Trek Lukla - Chhutanga (3020m, 4.3km or 3-4 hours walk ).

**Day 04** Trek Chhutanga - Zatra Wala Pass (4610m) -Chhetrabu (4300m, 4.5km or 7 hours walk).

**Day 05** Trek Chhetrabu -Kothe (3691m, 6.5km or 5-6 hours walk).

**Day 06** Trek Kothe- Tagna (4356m, 9km or 4-5 hours walk).

**Day 07** Trek Tagna - Khare (5045m,5km or 4-5 hours walk).

**Day 08** Acclimatization day.

**Day 09** Trek to High Camp (5780m, 4.38km or 6-7 hours walk).

**Day 10** High Camp - Summit Mera Peak (6476m- Khare (5045m, 9km or 11-12 hours walk).

**Day 11** Trek Khare- Kothe (3691m, 14km, 5-6 hours walk).

**Day 12** Trek Kothe - Chhetrabu (3020m, 6.5km or 5-6 hours walk).

**Day 13** Trek Chhetrabu - Lukla (2840m, 8.8km or 7 hours walk).

**Day 14** Lukla - Fly to Kathmandu (1340m, by fly or fly and drive).

**Day 15** Departure from Kathmandu (1340m).

## Mera Peak Climbing Details Itinerary

### Day 01: Arriving in Kathmandu

Please provide us with your flight details ahead of time, and our representative will be waiting for you at the arrival gate of the airport. You will be accompanied to your hotel in Kathmandu, where you can either explore the surroundings or relax until the evening, depending on the time of your arrival. Your overnight accommodation will be at the hotel in Kathmandu.

**Activity:**

Airport Pick Up

**Highest Altitude:**

1340m

**Accommodations:**

Kathmandu Guest House or similar

### Day 02: Kathmandu - Lukla

Your day commences with an early morning drive to the domestic terminal of Tribhuvan International Airport. From there, we board a flight to Lukla, which takes us over the eastern highlands of Nepal, navigating through narrow gorges in hilly areas. During the flight, you'll have the opportunity to admire rural villages and dense forests of eastern Nepal. Upon landing in Lukla, we meet our porters, organize the luggage, and settle down at a teahouse in Lukla.

**Note:** April, May, October and November, Lukla from operate from Ramechhap because of the air traffic at Kathmandu Airport. You will drive to Ramechhap from Kathmandu and fly to Lukla from there.

**Activity:**

35 minutes flight

**Highest Altitude:**

2840m, Lukla

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

### Day 03: Lukla - Chhutanga

Our first day of trekking begins from Lukla. After your breakfast at the hotel we take the trail headed eastbound from Lukla. The trail heads on steeply towards steeply elevated landmass. You will encounter

several yak trails in this stretch of the trek and follow on continuously. The trail pierces through the pine forest making small ascents along the journey. In between you will have several small hamlets that will pave the trail forward. You will reach Chhutanga after 3-5 hours of walking. Overnight at Chuttanga.

**Activity:**

3-4 hours walk, 4.3km

**Highest Altitude:**

3500m, Chhutanga

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## Day 04: Chhutanga - Chhetrabu

The ascent from Chhutanga to Chetarwa is steep and almost switchback. You will trek 7 hours which will be uphill trekking for the most part. As there is gradual elevation ascent, you will notice the vegetation changing from green lush to a bit arid and dry. Chetarwa sits at the top of the hill and is a picturesque village nestled right below Zatr Teng La Pass (4943 meters). You will traverse through this pass and descend for another 2 hours to finally reach the Chetarwa village for your overnight stop.

**Activity:**

7 hours walk, 4.5km

**Highest Altitude:**

4170m, Chhetrabu / Thuli Kharka

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## Day 05: Chhetrabu - Kothe

After breakfast at the hotel, you will begin your trekking adventure making gradual descent from Chetarwa. Today's traverse is downhill and fairly easy going for the most part. You will now have entered the Makalu Barun National Park and the scenery during the traverse is worth dying for. After 2 hours of descent you will reach Inku Khola at Mosom Kharka village, which is the primary river that originates from neighboring peaks of Mt. Mera. Your trail then takes on the river basin of the Inku river and we head northbound towards Kothe. From Mosom Kharka, the trail elevates for another 2 hours before reaching the riverside settlement of Gondishung. As you approach Gondishung you will have the first glimpse of Mt. Mera located on the eastern reach across the river. From this point another 1 hour of trekking takes you to Kote, your overnight stop.

**Activity:**

5-6 hours walk, 6.5km

**Highest Altitude:**

3600m, Kothe

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## Day 06: Kothe - Tagna

As you embark on the trail from Kote onwards, you'll be treated to breathtaking views of Mera Peak's

western face, with all four of its distinct pinnacles clearly visible today. The glistening white summit of Mera will captivate you throughout the journey. The trek from Kote to Tangnag is relatively short, spanning approximately 4-5 hours. As the ascent in altitude commences from this point, it is recommended to proceed at a gradual pace.

**Activity:**

4-5 hours walk, 9km

**Highest Altitude:**

4350m, Tagna

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## **Day 07: Tagna -Khare**

Today's journey involves navigating through small glacial moraines, rocky stretches, switchback ascents, and the dry, arid landscapes of Mera Base. The trail then continues by the side of Dig glacier reaching Dig Kharka, a small hamlet established by Yak herders for shade. Dig Kharka overlooks Charpate Himal or Mt.Kyashar(6770m) with its rocky ridges in sight. The trail gets confusing in this stretch as you will further travel through the lateral moraines Hinku Nup and Shar glaciers. After 5-6 hours of strenuous traverse through glacier outbursts, you will reach Khare, your training and acclimatization camp before embarking for the climb of Mera Peak. Continuing on, the trail gradually ascends, culminating in the picturesque village of Khare, nestled in a valley surrounded by mountains on all sides.

**Activity:**

4-5 hours walk, 5km

**Highest Altitude:**

4900m, Khare

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## **Day 08: Full day rest in khare.**

On your acclimatization day, you will have a rest day for you to cope up with the gained elevation. It is paramount to adapt to the extreme changing environment so as to smoothly complete the climbing activity of the following days. Khare is a popular rest point that provides for a great sunshine space throughout the day. Your mountain guide will lead you to the nearby glacier to brief on the technicalities of the peak and how you should operate your climbing equipment. You will have a rehearsal of your climb and will spend the day preparing yourself for the final push to the summit of Mera peak.

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## **Day 09: Khare - High Camp**

Trekking to the base camp of Mera from Khare is technical and a cumbersome traverse. You will trek through vast glacial moraines as the trail is not really permanent in this space. The moving glacier erases the once built foot trail and every time the guides will create a new trail which seems appropriate. There

are a series of deep crevasse and icy sections which you will cross. The total duration of trekking to reach the base camp is 4 hours but depends upon your pace. Further ahead, you will take a steep ascent from the base camp towards the High camp by using a harness. You will first traverse via Mera Glacier which is as vast as you can gaze upon. Your crampons training will come in handy during this section of the trail. Thereon after, you will climb through the flat icy section of the glacier which is flat topped. After 3-4 hours of traversing, you will reach Mera high camp. During the night you will get to gaze at the series of celestial and constellation bodies blooming in the night sky. Overnight camping at High Camp.

**Activity:**

6-7 hours walk, 4.38km

**Highest Altitude:**

5800m, High Camp

**Meals:**

Tent Camp

**Accommodations:**

Breakfast, Lunch and Dinner

## Day 10: High Camp - Summit - Khare

Your final stretch of the Mera peak climbing begins with a midnight wakeup call. After ensuring that your gears are in perfect shape and conditions you will be served with a light breakfast before your traverse begins. The initial stretch of the Mera Peak climbing is tough with inclined climb of about 30°. You will climb for another 2 hours making this ascent. The total climbing duration from High camp to the summit is about 5-6 hours and the section right below the summit is the toughest one requiring fixed rope. Upon reaching the summit, you will be bestowed with 360° views of Mt. Cho Oyu, Mt. Lhotse, Mt. Everest, Mt. Lhotse Shar, Mt. Baruntse and Mt. Makalu. After your success celebration at the top, we begin our descent journey which is fairly easy. It takes another 5-6 hours to descend down to Khare for your night stopover.

**Activity:**

10-12 hours climb, 9km

**Highest Altitude:**

6467m, Mera Peak

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## Day 11: Khare - Kothe

We backtrack along the same path from Khare to Kothe, embarking on a 6-hour trek for the return journey. Our route parallels the Hinku River basin, and our goal is to reach Kothe by evening.

**Activity:**

5-6 hours walk, 14km

**Highest Altitude:**

3691m, Kothe

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## Day 12: Kothe - Chhutrabu

We proceed with our descent through the river valley, reaching Chhetarwa in the evening for a planned stopover. The first stretch of the trek is fairly easy with a walk alongside Hinku river. The trail diverges from Mosom Kharka village and you will start trekking uphill. Right below the Zatr Teng La Pass (4943 meters) is Chhetarwa village where you will stop for the night.

**Activity:**

5-6 hours walk, 6.5km

**Highest Altitude:**

4170m, Chhatrabu

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## Day 13: Chhatrabu - Lukla

The first leg of this section of the trek requires you to pass through Zatr Teng La Pass (4943 meters) which is arduous. Upon crossing the pass, your trail will begin the descent headed northbound. 4 more hours into the trek and you will reach the vibrant village of Lukla.

**Activity:**

7 hours walk, 9km

**Highest Altitude:**

2840m, Lukla

**Meals:**

Breakfast, Lunch and Dinner

**Accommodations:**

Lodge

## Day 14: Lukla - Kathmandu

Take an early morning flight from Lukla to Kathmandu. Upon arrival in Kathmandu, our representative will guide you to your hotel. Spend the night in Kathmandu.

**Note:** April, May, October and November, Lukla from operate from Ramechhap because of the air traffic at Kathmandu Airport. Fly from Lukla to Ramechhap and drive back to Kathmandu. 1 or 2 Additional days is recommend to have in case of Lukla flight cancellation .

**Activity:**

35 minutes flight

**Highest Altitude:**

1340m, Kathmandu

**Meals:**

Breakfast

**Accommodations:**

Kathmandu Guest House or similar

## Day 15: Departure to international airport.

Our representative will escort you to Tribhuvan International Airport at the time of your flight schedule and we bid farewell until your next adventure in Nepal.

**Activity:**

Airport drop off

**Meals:**

Breakfast

## **Alternative route / option of Mera Peak itinerary**

### **Mera Peak itinerary from Khare: 1 Night / 2 Days package from Khare (optional)**

If you want to trek yourself or join with other trekkers till Khare and want to join Mera Peak Climbing with us, we have package for 1 Night / 2 Days from Khare. Our team will meet you in Khare to High Camp, climb to the Summit, back to Khare next day.

#### **Day 01: Khare - High Camp**

After the breakfast, our team will come to pick you up at your Lodge in Khare, trek to High Camp (5800 m, 6-7 hours walk). Our climbing guide will teach you some ideas to use climbing gears in the afternoon. overnight at Tent Camp (Lunch, Dinner included ) .

#### **Day 02: High Camp - Mera Peak Summit, back to Khare.**

You will wake up early in the morning, get ready at 2:00am. From High Camp, you will climb to Mera Peak Summit (6476 m) , enjoy the achievement on the top and take some photo and video, back to Khare (4900 m , 10 -12 hours walk )for overnight (Breakfast and Lunch included ) .

### **Mera Peak itinerary that skips the Zatra La Pass (4610 m) (optional)**

Zatrwa La (4610 m) pass is difficult if it is heavy snowfall and risk of avalanche in March, April. You will fly from Kathmandu or Ramechhap to Lukla, trek to Paiya, Panggom, Ningsow, Chhatra Khola, Kothe, Thaknag , Khare. After the summit, you may take same back or via Zatrwa La depending on the route condition. It takes one extra for one way.

### **Mera Peak Itinerary from Phaplu (optional)**

If you want to avoid the hassle of Lukla flight, you may choose this option. On the route, you will drive from Kathmandu to Phaplu, trek to Nunthala, Kharikhola, Panggom, Ningsow, Chhatra Khola, Kothe, Thaknag, Khare. After the summit, you may take a same way or via Lukla. It takes 2 additional for one way.

## Whats Included?

- Pick-up and drop-off service at Trivuvan International Airport in Kathmandu by private Car/Van/Bus.
- 2 Nights Twin sharing room at Kathmandu Guest House on BB Plan in Kathmandu.
- Kathmandu - Lukla - Kathmandu including Trekking Guide flight ticket.
- Mera Peak Climbing Permit.
- National park fee.
- All meals (Breakfast, Lunch, Dinner) with Lodge and Tent Camp accommodation during the trek.
- One English speaking experience Trekking guide and trekkers 2: 1 porter.
- One experience climbing from Khare - High Camp - Summit, back to Khare.
- Climbing Equipment such as Climbing guide equipment, Tent, Fixed Rope, Main rope, Ices crow, Snow bar, kitchen gears etc.
- Garbage Deposit.
- First Aids Kit.
- Duffel Bag.
- Fingertip Pulse Oximeter (we use every day to check your oxygen level and pulse in your body to avoid high risk ).
- Himalaya Trip T-shirt.
- Trekking /Climbing guide/porters/other staffs: Salary, Insurance, Equipment, Meals and Accommodation etc.
- 13% Government VAT and official charge.

## Whats not Included?

- International airfare .
- Nepal's visa fee (15 days for USD\$30 and 30 days for USD\$50) , you fill up a form [depart of immigration](#) before you leave and pay cash and get visa on your arrival in Kathmandu airport.
- Lunch and Dinner in Kathmandu.
- Personal climbing gears & clothing (also available on hire from Khare).
- All the drinks such as tea, coffee, coke, beer, mineral water.
- Your travel insurance which should include the emergency rescue.
- Tips for staffs.

**Note:** Price of Mera Peak is different in Autumn and Spring season. Please, kindly check it before you book the trip.

## Group Discounts Available

No. of Persons	Price per Person
2 - 4	USD 2,025
5 - 9	USD 1,965

No. of Persons	Price per Person
10+	USD 1,899

## Mera Peak Climbing FAQs

### Acc here

#### Q1: Can beginners climb Mera Peak?

If you have trekking experience above 5000m, but beginners in climbing. You can climb Mera Peak because this peak is not technical climbing peak and easier than other trekking peak.

#### Q2: How high is the base camp at Mera Peak?

The height of Mera Peak Base Camp is 5350m and Height of Mera Peak high is 5780m. Normally, you will stay 2 Nights in Khare 5045m. From Khare, we trek and climb to high camp. we summit the Mera Peak from high camp.

#### Q3: Is Mera Peak busy?

Mera Peak is one of the popular climbing in Nepal. In the Peak season like March, April, May, September, October and November are busy bot not like way to Everest Base Camp Trek.

#### Q4: Is Mera Peak better than Everest Base Camp?

Mera Peak and Everest Base Camp are location in Everest region. Some climbers combine these two treks.

Everest Base Camp Trek is just to see Mount Everest and other peaks. You will only walk or trek here with a trekking guide.

Mera Peak is trekking up to Mera Peak Base Camp. From the bese camp, you will climb to the top of the Peak with special climbing gears , climbing sherpa and permit.

#### Q5: How do you prepare for Mera Peak?

Preparations always important if you are planning for Mera Peak or other Peak which is above 6000m. You can do some trekking, rock and ice climbing training which help you to familiar with climbing gears.

#### Q6: How high is Mera Peak?

The elevation of the Mera Peak is 6476m which the most popular trekking peak in Nepal.

#### Q7: What is the success rate of the Mera Peak summit?

The success rate of the Mera Peak summit will depending on the climbers. If the climbers are experience and physically and mentally prepare and trained. There is high chance to summit the Mera Peak. If not, it will be difficult summit.

#### Q8: When to climb Mera Peak?

The best month to climb Mera Peak is March, April, May, June, July, August, September, October and

November. December, January and February is too cold to climb Mera Peak.

### **Q9: Can you see Everest from Mera Peak?**

From the Mera Peak summit, you will see 5 highest peaks including Mount Everest 8848.86m, Kanchenjunga 8586m, Lhotse 8516m, Makalu 8481m, and Cho Oyu 8201m and other peaks.

### **Q10: How hard is it to climb Mera Peak?**

Mera Peak 6476m is the highest trekking peak in Nepal. To climb Mera Peak is relatively easier than other peak climbing.

## **Address**

Raniban,  
Kathmandu, Nepal