

Mera Peak Climbing



Introduction

Mera Peak 6476m is a mountain in the Mahalangur section, Barun sub-section of the Himalaya and administratively in Nepal's Sagarmatha Zone, Solukhumbu District and claimed to be the **highest trekking peak** in Nepal. From the summit, five 8,000m peaks are visible: Mount Everest, Lhotse, Cho Oyu, Makalu, and Kangchenjunga, as well as many other Himalayan peaks.

Mera peak climbing starts after 35 minutes flight from Kathmandu to Tenzing Hillary Lukla Airport. From Lukla to **Khare**, we sleep and eat in Lodge. Mera Base Camp and High Camp, we sleep and eat at Tent Camp. The walk from Lukla through the Sherpa regions of the remote **Hinku valley** is an unforgettable experience. This peak is located south of Everest in the Hinku valley and is relatively easier to climb than most other peaks. Standing proudly erect at an altitude of 6476m, Mera Peak is the most popular and highest trekking peak in Nepal. This fairly challenging climbing has been designed to cater to trekkers' adventure needs to explore Mera peak from length to breadth. Our Climbing guide will teach you some technique to use climbing gears in Mera Peak Base Camp and High Camp. On the summiting day, you will start around 2 or 3 am in the morning to avoid the wind. From the summit, you will have imaging view of Mt. Everest (8848m), Lhotse(8516m), Cho-Oyu (8201m), Makalu(8463m), Kanchenjunga(8698m), Nuptse(7855m), Amadablam (6812m) and Chamlang (7319m) amongst many more above 6000m to below 8000m. This climbing allows sufficient time for any reasonably physically fit person to make a comfortable ascent. After the summit, we will trek back to Lukla. You need personal **climbing gears** (Backpack, Sleeping Bag, Ice axe, Harness, Helmet, Climbing or Plastic Boots, Wind prove gloves, Jumar, flashlight, Carabiner, Snow glass, Safety ropes, Warm Hat, Warm sucks, Wind prove Gore-Tex Jacket and Trouser, warm clothes etc.) to summit this peak. We will provide fixed rope,

main ropes, tents, mats and all the kitchen gears. If you have, you can bring your own gears. If you do not have, you can rent in Kathmandu or Khare.

Trip Facts

Trip Duration	16 Days
Trip Grade:	Challenging
Best Season	Mar-May & Sep-Nov
Per Day Hiking:	4-9
Elevation	6654m
Accommodation	Lodge and Tent Camp
Transportation	Flight/Car/Jeep/Bus

Cost Includes

What is Included?

1. Pick-up and drop-off service at Trivuvan International Airport in Kathmandu by private Car/Van/Bus.
2. 2 Nights Hotel in Kathmandu.
3. Kathmandu - Lukla - Kathmandu flight ticket.
4. Mera Peak Climbing Permit.
5. National park fee.
6. All meals (Breakfast, Lunch, Dinner) with Tea house and Tent Camp accommodation during the trek.
7. One English speaking experience Climbing Sherpa and required porters.
8. Equipment such as Climbing guide equipment, Tent, Fixed Rope, Main rope, Ices crow, Snow bar, kitchen gears etc.
9. Garbage Deposit.
10. First Aids Kit.
11. Duffel Bag.
12. Fingertip Pulse Oximeter (we use every day to check your oxygen level and pulse in your body to avoid high risk).
13. Nepal Hidden Treks and Expedition T-short.
14. Trekking /Climbing guide/porters/other staffs: Salary, Insurance, Equipment, Meals and Accommodation etc.
15. 13% Government VAT and official charge.

What is Excluded?

- International airfare and visa fee (15 days for USD\$25 and 30 days for USD\$40).
- Lunch and Dinner in Kathmandu.
- Personal climbing gears & clothing (also available on hire).
- All the drinks such as coke, beer, mineral water.
- Your travel insurance which should include the emergency rescue.
- Tips for staffs.

Short Itinerary

Day 01: Arriving in Kathmandu (1350m).

Day 02: Fly to Tenzing Hillary Airport , Lukla.

Day 03-14: Trekking and Climbing

Day 15: Fly to Kathmandu

Day 16: Departure from Kathmandu (1350m).

Itinerary Details

1. Arriving in Kathmandu (1350m).

Arriving in Tribhuvan International Airport (TIA) you will meet with me then transfer to hotel by private vehicles then stay at the Hotel and free activities in the evening.

2. Kathmandu - Lukla

Early morning flight from Kathmandu to Lukla (2820m) and then overnight at Lodge.

3. Lukla - Chhutanga

Trek from Lukla to Chhutanga (3310m, 5 hours walking) and then overnight at Lodge.

4. Chhutanga - Chhetrabu

Trek from Chhutanga to Chhetrabu (4170m, 7 hours walking) cross over the pass of Zatrwa La (4640m) and then overnight at Lodge

5. Chhetrabu - Quarte

Trek from Chhetrabu to Quarte (3510m, 7 hours walking) and then overnight at Lodge.

6. Quarte - Tagna

Trek from Quarte to Tagna (4350m, 6 hours walking) and then overnight at Lodge.

7. Tagna - Khare

Trek from Tagna to Khare (4900m, 5 hours walking) and then overnight at Lodge

8. Full day rest in khare.

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9. Khare - Mera Peak Base Camp

Trek from Khare to Mera high camp (5415m, 3-4 hours walking) and then overnight at Tent Camp.

10. Mera Base Camp - High Camp

Trek from Khare to Mera high camp (5800m, 3-4 hours walking) and then overnight at Tent Camp.

11. High Camp - Summit - Khare

Early in the morning at 2 or 3 o'clock start with tea or coffee and start to climb. We will summit around 9 or 10 o'clock. You can take picture and seeing the wonderful views then back to camp for a hot meal and then trek to Khare (4900m, 10 hours walking). It is one of the long and hard day and then overnight at Lodge.

12. Khare - Quarte

Trek from Khare to Quarte (3510m, 7 hours walking) and then overnight at Lodge

13. Quarte - Chhatrabu

Trek from Quarte to Chhatrabu (4170m, 7 hours walking) and then overnight at Lodge

14. Chhatrabu - Lukla

Trek from Chhatrabu to Lukla (2820m, 7 hours waking) and then overnight at Lodge

15. Lukla - Kathmandu

Lukla to Kathmandu by flight (30 minutes) and then overnight at Hotel.

16. Departure to international airport.

Final departure to international airport to fly your home country.